

Dr. Arathi Rao

Obstetrics and Gynecology background, Maternal and Child Health care specialist, Public Health communications expert, and Family Planning counselor.

Areas of interest: Maternal nutrition, early registration of pregnancy, appropriate ante-natal, natal and postpartum care, breast feeding, and childhood vaccination.

Areas of outreach: Health awareness programs, behavioral and attitudinal change projects, female literacy and education programs, and family planning and sex education.

Educational Background

- Bachelor of Medicine, Bachelor of Surgery (MBBS), 1989-1995. Bangalore Medical College.
- Diploma in Obstetrics and Gynecology (OBG), 1997- 1999. Mysore Medical College
- Masters of Public Health, Epidemiology, 2009-2011. Manipal University.
- Certificate Course in Bioethics – December 2013

Work experience

Title	Dates of Employment	Employer
Senior Resident (OBG)	1999	Mallya Hospital, Bangalore
Assistant Gynecologist	1999-2001	Republic Hospital, Bangalore
DNB Resident (OBG)	2001- 2003	Manipal Hospital, Bangalore
Senior Resident (OBG)	2004- 2005	Saraswathi Hospital, Bangalore
Lady Medical officer (OBG)	2005- 2006	Lombard Memorial Hospital, Udupi
Specialty medical officer	2008- 2009	KMCIC, Manipal
Assistant Professor	2011- 2013	KMCIC, Manipal

Workshops:

- Participated in the State level Medical Officers' Disaster management training programme held jointly by MU, UNICEF, SRM Chennai in March 2011.
- Participated in "Bridging Worlds"- An international symposium of public health students from MacMaster University (Canada), Maastricht University (Netherlands) and Manipal University (India), April 18-30, 2011.

Research projects:

- Perinatal outcome in pregnancy with Diabetes – conducted at Manipal Hospital Bangalore
- Study on the Clinico-epidemiological profiles of seropositive pregnant women registered at the ART Centre at District Hospital, Udupi (Nov09- June10)
- Survey of prevalence of Family Planning practices amongst ECs in Karkala district- a team of public health students of Manipal University, Maastricht University, and MacMaster University
- Study of the causes of infant mortality in Udupi district between April 2010- March 2011