

# Curriculum Vitae

## KRISHNA JAYACHARYA MALAGI

### Educational Qualifications

<u>Examination</u>	<u>University</u>	<u>Year</u>
1. B.S.A.M.	Karnataka University Dharwad, (1 <sup>st</sup> Rank to K.U.D. in 2 <sup>nd</sup> and 3 <sup>rd</sup> Year and 3 <sup>rd</sup> Rank in Final year B.S.A.M. Examination).	1981
2. M.D. (Ayu)	Gujarat Ayurveda University I.P.G.T.R, Jamanagar, Gujarat.	1985

### Professional Experience

- Honors Clinical Registrar:** July 1983 to 17<sup>th</sup> June 1985  
Dept. of Kayachikitsa, I.P.G.T. & R., Gujarat Ayurveda  
University, Jamnagar as 2<sup>nd</sup> & 3<sup>rd</sup> year M.D. (Ayu)  
Research Scholar.
- Consulting Ayurvedic  
Physician – Panchakarma  
Specialist** 23<sup>rd</sup> October 1985 to January 1989 Hubli, Karnataka
- Junior Research Officer:** 7<sup>th</sup> February 1989 to 31<sup>st</sup> August 2000  
Department of Ayurveda, Kasturba Medical College and  
Hospital, MAHE, Manipal (Karnataka).
- Associate Professor:** 1<sup>st</sup> of September 2000 to Date  
Department of Ayurveda Kasturba Medical College and  
Hospital, MAHE, Manipal (Karnataka)
- International Assignments:**
  - Invited as visiting professor to deliver series of Lecturer to B.A. (Hons) degree students at Thames Valley University, London (U.K.) from 2<sup>nd</sup> Oct. 2000 to 2<sup>nd</sup> Jan. 2001.
  - Consulting Panchakarma physician at Ayurvedic Charitable Hospital run by The Ayurvedic Company of Great Britain U.K. from 4<sup>th</sup> Sept. 2000 to 6<sup>th</sup> Feb. 2001.

- Invited as visiting professor and Panchakarma specialist to deliver lectures to medical experts and help needy patients at Ayurveda Institute Vitality, Am Langeloh 22a, 58675 Hemer, Germany from 13<sup>th</sup> October, 2002 to 11<sup>th</sup> January, 2003.

## Papers Presented

### *International level*

1. Presented a paper entitled **“Role of Swedana Therapy against a Transplantable mouse Tumor – an experimental study”** at International seminar on **“Holistic approach to theory and practice of Panchakarma”** held at Pune on 20<sup>th</sup> August 1998.
2. Presented a paper entitled **“A clinical study on the role of Virechana and Brihalvatachintamani Rasa in the management of Pakshaghata (Hemiplegia)”** at International congress on Ayurvedic concepts and treatment of Neurological Disorders, organized by S.D.M. college of Ayurveda, Kuthpady, Udupi – Karnataka, India on 10<sup>th</sup>, 11<sup>th</sup> & 12<sup>th</sup> January 2002.
3. Presented a paper entitled **“Antarth, a polyherbal preparation – Protects against the adriamycin– induced toxicity without compromising its antineoplastic activity”** at 1st international conference on polyphenols and healthy at Vichy France from 18th to 21st Nov 2003.
4. Presented paper entitled **“Triphala, An Ayurvedic polyherbal drug – free radical scavenger”** at International conference on Natural products, Free Radicals and Radio protectors in Health Annamalai University, Annamalainagar, Tamilnadu (India), from 17th to 19th Jan. 2004.
5. Presented a paper entitled **“Triphala an Ayurvedic Rasayana protects mice against the radiation-induced lethality”** at International Conference on Recent Trends in Radiation Biology held at BARC Guest House and Training School Hosted. Anushakthinagar. Mumbai-400094. from 1 to 3rd Dec. 04.
6. Presented the paper entitled **“Evaluation of antimicrobial activity of Terminalia arjuna”** in the 4<sup>th</sup> Global summit on Medicinal & Aromatic Plants, held at Four Points by Sherton, Kuching Sarawak Malaysia from 1<sup>st</sup> to 5<sup>th</sup> December 2009.
7. Presented the paper entitled **“Role of Cap. Antharth in the Management of Osteoarthritis”** in the 1<sup>st</sup> Asia Pacific Congress & Exhibition on Indian Systems of held at International hotel Kuala Lumpur, Kuala Lumpur Malaysia on 24<sup>th</sup> & 25<sup>th</sup> September 2010.
8. Presented the paper entitled **“A Critical Evaluation Of Virechana Therapy In The Management Of Obesity”** in the International Seminar on Non Communicable Diseases organized in connection with Global Ayurveda Festival-Kerala held at **Kanakakunnu Palace Thiruvananthapuram, Kerala from 9<sup>th</sup> to 14<sup>th</sup> of February 2012.**
9. Presented a paper on **“ Abhyanga An Ayurvedic Approach For Health Maintenance”** in Pandit G.P Wickramarachchi Memorial International Research Symposium & 'Deerghayu' Ayurveda Expo & Exhibition on 7<sup>th</sup> – 9<sup>th</sup> November - 2012. **Held at the Bhandaranayake Memorial International Conference Hall (BMICH), Colombo 07, Sri Lanka.**

### *National Level*

1. Presented a paper entitled **“Effect of the Shalipinda Sweda on the patients of Bala Pangu and Khanju (poliomyelitis)”** at the All India Ayurvedic Seminar on Vata Vyadhis held at R.T. Ayurvedic College Akola Maharashtra from 11th to 13th February 1984.
2. Presented a paper entitled **“A Clinical study on the effect of Dadrughanavati along with Lashuna (Garlic) on the patients of Dadru (Ringworm)”** at the Ayurvedic Research Seminar on skin disease, I.P.G.T & R Jamnagar from 28<sup>th</sup> February to 1<sup>st</sup> March 1984.
3. Presented a paper entitled **“A clinical study on the hypotensive effect of Brihatvatachintamani Rasa with reference to Pakshaghata (Hemiplegia)”** at a Seminar on Ayurvedic Research, conducted by all India Ayurvedic Specialists Association at New Delhi from 17<sup>th</sup> to 19<sup>th</sup> July 1984.
4. **“A critical study on the anatomical aspect of Grahani.”** – Co-author. Presented at an all India Ayurvedic Symposium on Grahani held at R.T. Ayurvedic College Akola Maharashtra from 10<sup>th</sup> to 12<sup>th</sup> March 1985.

### Conference Sessions Chaired

1. Chaired the session at Rajiv Gandhi Post Graduate center, Ayurveda Maha vidyalaya, Paprola, dist Kangda, Himachal Pradesh from 27<sup>th</sup>-29<sup>th</sup> Dec 2003 in workshop on role of Ayurveda terminology in teaching Research and Practice sponsored by Commission for Scientific and Technical Terminology Ministry of Human Resource Development, Govt. of India, New Delhi.
2. Chaired the session in workshop on Standardization of Ayurvedic Terminology, held at S.D.M. College of Ayurveda Hassan Karnataka, from 12 to 14<sup>th</sup> of Aug 04. Sponsored by Commission for Scientific and Technical Terminology Ministry of Human Resource Development, Govt. of India, New Delhi.
3. Chaired the session in workshop on Ayurvedic terminology with special reference to “IT” knowledge, held at National Institute of Ayurveda Jaipur Rajasthan, from 14 to 16<sup>th</sup> of Sept. 04. Sponsored by Commission for Scientific and Technical Terminology Ministry of Human Resource Development, Govt. of India, New Delhi.
4. Participated as a Chairperson at 4<sup>th</sup> Global summit on Medicinal & Aromatic Plants, held at Four Points by Sherton, Kuching Sarawak Malaysia from 1<sup>st</sup> to 5<sup>th</sup> December 2009.
5. Chaired the session in the two days Symposium (25<sup>th</sup>, 26<sup>th</sup> Nov 2011) on “The Doctrines and Empirical Dimensions of Vasti Karma”, conceptualized and organized by Dept. of Ayurveda, KMC, Manipal, in Ayurvision 2011.
6. Chaired the session “Gautam” in National Level Chikitsa Shabdavali Sangraha Workshop on Technical Terminology pertaining to Kayachikitsa & Panchakarma sponsored by Commission for Scientific & Technical Terminology, MHRD, New Delhi from 11<sup>th</sup> to 13<sup>th</sup> March 2012, held at Shri BMK Ayurveda Mahavidyalaya, K.L.E. University Shahapur Belgaum-590003, Karnataka, India
7. Chaired the session of “ROLE OF RASAYANA IN THE TREATMENT OF ARBUDA” in International Congress on Ayurvedic Concept and Treatment of Malignant Disorders on 15<sup>th</sup> & 16<sup>th</sup> of December 2012, held at SDM College of Ayurveda Kuthpady, Udipi-574118 Karnataka, India.
8. Chaired the session in the National conference on “Exploring And Explicating The Enigmas Of Rasayana Tantra”, held on 28<sup>th</sup> & 29<sup>th</sup> of December 2012., conceptualized and organized by Dept. of Ayurveda, KMC, Manipal, in Ayurvision 2012

## Awards

- Received **Best paper** for the paper entitled “Role of Swedana Therapy against a transplantable mouse tumor – an experimental study”
- Awarded “JIVAKA AYURVEDA VISHWA SANMAN” for the excellence in his field by International Academy of Indian Medicine Affiliated and Recognized by Kavi Kuluguru Kalidas Sanskrit University, Ramtek, Dt. Nagpur (Govt Maharashtra), Higher and Technical Education Dept, Govt of Maharashtra, Mumbai, India
- Awarded ‘AYURVEDA BHUSHANA – 2005’ by the International Academy of Ayurveda physicians (SHB Gandhinagar, Jamnagar) in SDM Ayurveda college Hassan on 27<sup>th</sup> Oct 2007 during Panchakarma Terminology Workshop. This award was given for his Tremendous Contributions to the Development of Ayurveda.
- Awarded ‘PANCHAKARMA – RATNA-2008’ by the International Academy of Ayurveda physicians (SHB Gandhinagar, Jamnagar) in National Level Chikitsa Shabdavali Sangraha Workshop on Technical Terminology pertaining to Kayachikitsa & Panchakarma sponsored by Commission for Scientific & Technical Terminology, MHRD, New Delhi from 11th to 13th March 2012, held at Shri BMK Ayurveda Mahavidyalaya, K.L.E. University Shahapur Belgaum-590003, Karnataka, India.

## Guest Lectures

- “**Role of Nasya therapy in Shiro Roga**” – Delivered Guest lecture at State level seminar on Panchakarma. Held at A.L.N Rao Memorial Ayurvedic Medical College, Koppa, Karnataka on 1<sup>st</sup> and 2<sup>nd</sup> November, 1996.
- “**Importance of Panchakarma Chikitsa in Ayurveda**”. Delivered Guest lecture at state level seminar on the occasion of Shri Dhanwantari Maha Yajna – held at Shri Dhanwantari Mandir Yelguppa, Honnavar, Karnataka on 5<sup>th</sup> of December 1999.
- “**Swedana therapy against transplantable mouse tumour – a study**” Delivered Guest lecture in “Targeted Drug Delivery Systems and Herbal products” – A workshop sponsored by the Indian Society for Technical Education, New Delhi and All India Council and Technical Education, New Delhi on 2<sup>nd</sup> June 2000.
- Delivered Guest Lecture to the Physicians of The Ayurvedic charitable Hospital, London, U.K. on “**Importance of Panchakarma Treatment in General practice**” in January 2001.
- Delivered Guest Lecture to the Physicians of National Integrated Medical Association, Karnataka Branch at Hubli on the topic “**Sthaullya Roga (obesity) and its management**” on 30<sup>th</sup> September 2001.
- “**Obesity – Successful Ayurvedic treatment** ”– Delivered guest lecture at Rotary Club of Manipal forum on 12th of Aug. 2003.
- “**Methods to popularize Ayurveda**” – Delivered guest lecture at Millennium Herbal Care Ltd., Mumbai on 19th of Aug. 2003.
- “**Ayurvedic terminology in Manas Vikar**” Delivered Guest lecture at Gujarat Ayurveda University IPGI&R, Jamnagar on 29<sup>th</sup> and 30<sup>th</sup> of Aug. 2003, in workshop on role of Ayurveda terminology in teaching Research and Practice sponsored by Commission for Scientific and Technical Terminology Ministry of Human Resource Development, Govt. of India, New Delhi.

- **“Critical analysis of the word Iccha”** Delivered Guest lecture at Rajiv Gandhi Post Graduate center, Ayurveda Maha vidyalaya, Paprola, dist Kangda, Himachal Pradesh from 27<sup>th</sup>-29<sup>th</sup> Dec 2003 in workshop on role of Ayurveda terminology in teaching Research and Practice sponsored by Commission for Scientific and Technical Terminology Ministry of Human Resource Development, Govt. of India, New Delhi.
- Presented paper entitled **“Critical analysis of the word Dvesha”** in workshop on Standardization of Ayurvedic Terminology, held at S.D.M. College of Ayurveda Hassan Karnataka, from 12 to 14<sup>th</sup> of Aug 04. Sponsored by Commission for Scientific and Technical Terminology Ministry of Human Resource Development, Govt. of India, New Delhi.
- Delivered a speech on **“Utility of Computer Knowledge in Ayurvedic Terminology”** in workshop on Ayurvedic terminology with special reference to **“IT”** knowledge, held at National Institute of Ayurveda Jaipur Rajasthan, from 14 to 16<sup>th</sup> of Sept. 04. Sponsored by Commission for Scientific and Technical Terminology Ministry of Human Resource Development, Govt. of India, New Delhi.
- Invited as **‘Resource person for Panchakarma Terminology workshop’** held at SDM Ayurvedic College Hassan, Karnataka, conducted by scientific & Technological dept. HRD section, New Delhi from 23<sup>rd</sup> to 25<sup>th</sup> Oct 2007.
- Delivered Guest Lecture on **“Holistic Approach of Ayurveda”** to Post-graduates students at college of Ayurveda, **“Bharati Vidhyapeth, Deemed University”**, Satara Road Pune- 411043 (Maharashtra) on 13/12/07.
- Delivered Guest lecture on **“Management of Obesity”** to Ayurvedic Physicians & post-graduate students at state level Seminar on 16/12/07 conducted by Agnivesha Ayurveda Anusthana Keshava shilpa, Kempegouda Nagar Bangalore- 560019.
- Delivered special invited Lecture on **“Holistic Health; An Ayurvedic Approach towards Individual welfare”** at 95<sup>th</sup> Indian science congress from 3<sup>rd</sup> to 7<sup>th</sup> Jan 2008 held at Andra University Vishakapatnam AP India.
- Delivered Lecture as a Resource person on **“Integrating Complementary and alternative therapy in Health care”** in National conference on Integrated Approach to Professional Education & Evidence Based Health Care held on 6<sup>th</sup> & 7<sup>th</sup> March 2008, at Valley View International, Manipal. Conducted by Manipal College of Nursing, Manipal University, Manipal.
- Delivered Guest Lecture on **“Diagnosis and Management of Osteoarthritis”** in Dr. K. Poornima Hegde Memorial Guest Lecture Series on 17<sup>th</sup> of July 2008 at Sri Dharmastala Manjunateshwara College of Ayurveda, Udupi.
- Delivered Guest Lecture on **“Management of Stress”** in CME meeting of Karkala Ayurveda Graduates Association, Karkala, Udupi dist. on 27<sup>th</sup> of Sep 2008.
- Delivered Lecture as a Resource person on **“Panchakarma in Geriatrics”** in CME- Geriatrics organized by PG Dept. of Kayachikitsa, Rajiv Gandhi Govt. Post- Graduate Ayurvedic College, Paprola, Himachal Pradesh from March 5<sup>th</sup> to 7<sup>th</sup> 2009.
- Delivered Lecture as a Resource person on **“Psychosocial concept in Geriatrics”** in CME- Geriatrics organized by PG Dept. of Kayachikitsa, Rajiv Gandhi Govt. Post- Graduate Ayurvedic College, Paprola, Himachal Pradesh from March 5<sup>th</sup> to 7<sup>th</sup> 2009.
- Delivered Guest Lecture on Ayurveda therapy in health maintenance for second year B.Sc Nursing students on 27<sup>th</sup> may 2009 at Manipal College of Nursing, Manipal University Manipal- 576104.
- Delivered Guest Lecture on **“Stress Management- An Ayurvedic Perspective”** on 9<sup>th</sup> February 2010 at ITC R&D centre, Peenya Bangalore 560058 India.

- Delivered invited talk on **“Ayurveda for Stressed Executives- Awareness Programme on Indian Culture Heritage and Management”** at the T. A. Pai Management Institute, Manipal on 13<sup>th</sup> February 2010.
- Delivered lecture, as a resource person, on **“Advances in Relaxation Procedures and Techniques”** at 1<sup>st</sup> symposium on **“Update on Panchakarma and Relaxation Techniques”** on 26<sup>th</sup> March 2011 conducted by Dept. of Ayurveda, KMC, Manipal.
- Delivered lecture on **“Ayurveda and Health”** to Singapore Students at Manipal College of Nursing, Manipal University, Manipal on 14<sup>th</sup> April 2011.
- Delivered guest lecture on **“Ayurveda – Global Scenario”** at Ayurveda Maha Vidyalaya, Hubli, on 23<sup>rd</sup> August 2011 in Dr. P. V. Jayade Charitable Trust Memorial Guest Lecture series.
- Delivered guest lecture on **“Principles of Management of Sthoulya Roga”** at Ayurveda Medical College, Gadag, on 23<sup>rd</sup> August 2011 in Dr. P. V. Jayade Charitable Trust Memorial Guest Lecture series.
- Delivered guest lecture on **“Practice and Procedure of Parishekasweda”** at Ayurveda Medical College, Dharwad, on 24<sup>th</sup> August 2011 in Dr. P. V. Jayade Charitable Trust Memorial Guest Lecture series.
- Delivered guest lecture on **“Lifestyle Disorders and Ayurveda”** at Ayurveda Medical College, KLE Society, Belgaum, on 24<sup>th</sup> August 2011 in Dr. P. V. Jayade Charitable Trust Memorial Guest Lecture series.
- Delivered guest lecture on **“Management of Stress through Ayurveda”** at Ayurveda Medical College, Davangare, on 25<sup>th</sup> August 2011 in Dr. P. V. Jayade Charitable Trust Memorial Guest Lecture series.
- Delivered guest lecture on **“Common Health Problems and Remedies in Ayurveda”** at Rotary Club, Hubli, on 25<sup>th</sup> August 2011 in Dr. P. V. Jayade Charitable Trust Memorial Guest Lecture series.
- Delivered lecture, as a guest speaker, on **“Principles of Management of Pakshaghata”** at **“CME on Pakshaghata”** held on 3<sup>rd</sup> October 2012 at Dept. of Ayurveda, KMC, Manipal.

## Workshops Attended

1. Attended National Workshop on clinical Panchakarma from 20<sup>th</sup> February to 4<sup>th</sup> March 1995. Held at R.T. Ayurvedic College Ankola, Maharashtra
2. Participated in the Programme on **“Teacher as a Leader”** Workshop on Academic Leadership on 19<sup>th</sup> January 2012, organized by Manipal Centre for Professional and Personal Development (MCPD). Manipal University Manipal-576104, Karnataka, India
3. Participated in the Workshop on **“Frame It-Designing Instructional Objectives”** on 23<sup>rd</sup> June 2012, organized by Manipal Centre for Professional and Personal Development (MCPD). Manipal University Manipal-576104, Karnataka, India
4. Participated in the Workshop on **“Body-Mind Balancing”** on 27<sup>th</sup> October 2012, organized by Manipal Centre for Professional and Personal Development (MCPD). Manipal University Manipal-576104, Karnataka, India
5. Participated in the Pre-Conference Workshop on **“Yoga and Relaxation Techniques”** held at G.P Wickramarachchi Ayurveda Institute on 7<sup>th</sup> November 2012, Organized by G.P Wickramarachchi Ayurveda Institute, University of Kelaniya Yakkala Sri Lanka

## Workshops Organized

1. Conducted workshop as organizing secretary on “*Ayurveda Terminology in Teaching Research and Practice*” Sponsored by Commission for Scientific and Technical Terminology Ministry of Human Resource Development, Govt. of India, New Delhi from 3<sup>rd</sup> to 5<sup>th</sup> of March 2004 at Dept. of Ayurveda, KMC., MAHE, Manipal, India
2. Conducted workshop as organizing secretary on “*Ayurvision- 2005 CME on clinical Methods in Ayurveda*”. 29<sup>th</sup> August to 2<sup>nd</sup> Sept 2005 at Dept. of Ayurveda, KMC., MAHE, Manipal, India
3. Conducted workshop as organizing secretary on “*Ayurvision- 2006, CME in Ayurveda on Clinical Methods in Cardiovascular System*”. 21<sup>st</sup> to 23<sup>rd</sup> December 2006 at Dept. of Ayurveda KMC MAHE, Manipal, India
4. Conducted workshop as organizing secretary on “*Ayurvision- 2007, CME in Ayurveda on Clinical Methods in Dermatology*” 27<sup>th</sup> to 29<sup>th</sup> December 2007 at Dept. of Ayurveda KMC Manipal University, Manipal, India.

## Specialization

Specially trained in the field of Panchakarma and looking after the Panchakarma Section in the Department of Ayurveda, K.M.C., Manipal from 7<sup>th</sup> February 1989 to date.

## Research Experience

1. Two years research experience: July 1983 to 17<sup>th</sup> June 1985.  
**M.D. (Ayu) Research Scholar** – a thesis has been written and submitted in March 1985 on the topic “A comparative study on the role of Virechana and Brihat Vatachintamani Rasa on the management of Pakshaghata (Hemiplegia)” .
2. Junior Research officer in the Dept. of Ayurveda, Kasturba Medical College and Hospital, MAHE, Manipal. From 7<sup>th</sup> Feb.1989 to 31<sup>st</sup> Aug.2000.

### **Completed the following sponsored projects as co-investigator.**

1. Critical evaluation of osteo-arthritis treated with Ayurvedic therapy – sponsored by Mangalore University, Mangalore.
2. Evaluation of an Ayurvedic compound OB-X for reducing weight in obese patients, a clinical study, sponsored by Dharsai Ousadhis Navanagar Hubli.
3. Pharmacological screening of a Herbal Compound DIO-D sponsored by Dharsai Ousadhis, Navanagar Hubli.

## Research Projects

### **Completed**

Dr. K. J. Malagi as Principal Investigator

**Title of the project:** A Clinical study on the Role of Capsule Antarth in the Management of Osteo-Arthritis.

**Project Amount** Rs. 88,000/-

**Duration** 1 year

**Funding source** Millennium Herbal care Limited. Film Centre, Ground Floor, 68, Tardeo Road, Mumbai – 400 034

**Title of the Project:** Evaluation of Wound Healing Properties of Various Doses of Triphala Extract on the Artificially Wounded Mice.

**Project Amount** Rs. 15,000/-

**Duration** One year

**Funding source** KMC, Manipal

**Title of the Project:** Evaluation of Anti-inflammatory, Antioxidant and Analgesic Activities of Antarth in Mice.

**Project Amount** Rs. 55,000/-

**Duration** One year

**Funding source** Millennium Herbal Care Limited. Film centre,  
Ground Floor, 68, Tardeo Road, Mumbai – 400 034

### *In-progress*

**Title of the project:** Comparative Evaluation of Triphala and Chlorhexidine as a Mouth Wash: A controlled clinical study.

**Co-investigator** Dr. K.J. Malagi

**Associate Department** Dr. Shobha Tandon, Principal Investigator, Dean, CODS, MAHE, Professor & Head of the Department of Pedodontics and Preventive Dentistry.

**Project Amount** Rs. 6,32,990/-

**Funding Source** ICMR

**Title of the project:** Clinical Evaluation of Efficacy and Safety of Forslean for Lean Body Mass Promotion in Class I, Obese Subjects.

**Co-investigator** Dr. K.J. Malagi

**Funding Source** Sami Labs Bangalore

**Project Amount** Rs.2,30,000/-

**Title of the project:** Evaluation of LIV.52 DS in Infective Hepatitis (Double –Blind Placebo-Controlled Clinical Trial).

**Co-investigator** Dr. K.J. Malagi

**Funding Source** The Himalaya Drug Company, Bangalore.

**Project Amount** Rs.1,95,000/-

### *Ongoing Projects*

**Title of the Project:** A Perspective Clinical Trial to Study the Anti-oxidant Property of Ayurveda Massage Therapy on Healthy Individuals.

**Principle Investigator** Dr. K. J. Malagi

**Collaborating Departments** Dept. of Biochemistry, KMC, Manipal.

**Title of Project:** A Randomized Placebo Controlled, Multicentric, Double blind, Parallel Group Study to determine the immune response of various Ayurvedic Preparations in Obese subjects with Concurrent Metabolic Dysfunction

**Co- Investigator** Dr. K. J. Malagi

**Funding Source** Kerala Ayurveda Limited No. 1134 First floor, hundred feet Road, HAL second stage, Indiranagar Bangalore.

**Project Amount** Rs. 7, 21,000/-



## Co-guided Dissertations

1. Comparative evaluation of triphala and chlorhexidine. As a mouth wash : A controlled clinical trial. Of Dr. Ketan Panwalkar for MDS in Pedodontics and Preventive Dentistry, CODS, MAHE, Manipal., July 2002.
2. An appraisal of the possible Antiobesity effect of sesame oil and sesame seed in Wistar rats. Of Mrs. Amita R. Nayak for M.Pharm in Pharmacology, COPS, MAHE, Manipal. July 2003.

## List of Publications

1. **Malagi KJ** and Kamath MS “An Ayurvedic Approach to Combat Stress” Sachrita. Ayurveda V. 47 (4) October 1994 (Eng.)
2. Jagetia GC, Baliga MS, **Malagi KJ** and Kamath MS..The evaluation of the radio protective effect of Triphala (an Ayurvedic rejuvenating drug) in the mice exposed to  $\gamma$  - radiation. Phytomedicine, 9(2), 99-108 (2002).
3. **Malagi KJ**, Jagetia GC. Baliga MS, Venkatesh P, Reddy R, “Triphala an Ayurvedic Rasayana protects mice against the radiation-induced lethality” Indian Journal of Radiation Research. (2004), 1, 42. (Abstract)
4. **Malagi KJ**, Jagetia GC, Naidu CMB, Reddy TK. “Antarth, a polyherbal preparation – Protects against the doxorubicin– induced toxicity without compromising its antineoplastic activity” Indian Journal of Radiation Research. Indian Journal of Radiation Research. (2004), 1, 34. ”(Abstract)
5. Jagetia GC, **Malagi KJ**, Baliga MS, Venkatesh P, Veruva RR. Triphala, an ayurvedic Rasayana drug, protects mice against radiation-induced lethality by free radical scavenging. J Altern Complement Med. 2004 Dec; 10(6): 971-8.
6. **Dr. K. J. Malagi**, Dr. M. S. Kamath, Dr. B. S. S. Rao, Dr. P. Umadevi; Role of Swedana therapy against a transplantable mouse tumor- An experimental study. Journal of Ayurveda Vol. 1 No.2. April-June 2007. Page 35-37.
7. Shobha Tandon<sup>1</sup>, Kunal Gupta<sup>2</sup>, Sugandhi Rao<sup>3</sup>, **KJ Malagi**<sup>4</sup> “Effect of *Triphala* mouthwash on the caries status” International Journal of Ayurveda Research (Int J Ayurveda Res) 2010 | April-June | Volume 1 | Issue 2 **Year** : 2010 | **Volume** : 1 | **Issue** : 2 | **Page** : 93-99
8. Shobha Tandon<sup>1</sup>, Kunal Gupta<sup>2</sup>, Sugandhi Rao<sup>3</sup>, **KJ Malagi**<sup>4</sup> “Effect of *Triphala* mouthwash on the plaque, Gingival status and Microbiological Counts” Malaysian Dental Journal 2004 | Volume 25 | Page : 27-46

## Languages

Kannada, Hindi, English, Sanskrit

## Extracurricular Activities

1. Attended N.C.C. training for 2 years in 34 Karnataka Battalion N.C.C. Hubli at P.C. Jabin Science College Hubli from 1974 to 1976.
2. N.S.S. – served for a period of 2 years from 1978 to 1980 at Karnataka University Dharwad at Ayurveda Mahavidyalaya, Hubli.